

I have attempted a bibliography of spiritual works as you requested. I have divided them into two categories:

- Spiritual Theology as *scientia*
- Spiritual Reading as *exhortatio*.

Though this list is by no means exhaustive, it does let you dip your toe in the vast and rich ascetical/mystical/spiritual literature of Mother Church.

To this:

### **SPIRITUAL WORKS as *scientia*:**

Adolphe Tanqueray – *The Spiritual Life* (the canonical text *par excellence*)

Reginald Garrigou-Lagrange, O.P. - *Christian Perfection and Contemplation*  
*Three Ages of the Interior Life – 2 Volumes*  
*The Theological Virtues*  
*The Cross of Jesus and the Love of God – 2 volumes*

E. Allison Peers – *Spanish Mysticism*  
*Mother of Carmel*  
*St. Joh of the Cross*

Sr. Madelene of St. Joseph – *Within the Castle of St. Teresa of Avila*

Thomas Dubay – *The Fire Within*

Pascal Parente – *The Ascetical Life*  
*The Mystical Life*

Alban Goodier – *Ascetical and Mystical Theology*

Antonio Royo Marin, O.P. – *Theology of Christian Perfection*  
Jordan Auman , O.P.

Jordan Auman, O.P. – *Spiritual Theology*

## SPIRITUAL WORKS AS *exhortatio*:

- Basil Maturin – *Self-Discipline and Self-Knowledge*  
*Laws of the Spiritual Life*  
*Spiritual Guidelines for Souls Seeking God.*
- Eugene Boylan – *This Tremendous Love*  
*Difficulties in Mental Prayer.*
- Edward Leen – *Progress Through Mental Prayer*  
*The Holy Ghost*  
*Why the Cross?*  
*The Vine and the Branches*  
*In the Likeness of Christ*
- Anscar Vonier – *A Key to the Doctrine of the Eucharist*  
*The Art of Christ*  
*Christianus*  
*The Personality of Christ*  
*The Christian Mind*  
*The Victory of Christ*  
*Christ the King of Glory*
- Ronald Knox – *The Window in the Wall.*  
*In Soft Garments*  
*The Hidden Stream*  
*The Pastoral Sermons*  
*Retreat for Laypeople*  
*The Mass in Slow Motion*  
*The Creed in Slow Motion*
- Alban Goodier - *The Passion and Death of Our Lord Jesus Christ*  
*The Public Life of Our Lord Jesus Christ*  
*The School Of Love*  
*Saints for Sinners*  
*The Meaning of Life*  
*Jesus Christ, the Model of Manhood*  
*Jesus Christ the Son of God*  
*Jesus Christ the Man of Sorrows*  
*The Prince of Peace*  
*The Risen Christ*

## SPIRITUAL WORKS as scientia (con't):

Robert Hugh Benson – *Paradoxes of Catholicism*  
*The Faith of the Roman Church*  
*The Friendship of Christ*

C C Martindale – *The Creative Words of Christ*

Henri Gheon – *Secrets of the Saints*

Gerald Vann, O.P. – *The Heart of Man*  
*The Seven Swords*  
*The Pain of Christ and the Sorrow of God*  
*The High Green Hill*  
*Of His Fullness*  
*The Divine Pity*  
*Awake in Heaven*  
*On Being Human*